☐ I fully communicate with my healthcare team:
  • ☐ How I really feel
  • ☐ If the treatment is having side effects
  • ☐ Honest reports of medication/treatment compliance
  • ☐ Problems that will affect my health (depression, substance abuse, stress)

☐ I listen to and honor my part of the healthcare bargain:
  • ☐ Appointment time
  • ☐ Required forms
  • ☐ Testing required
  • ☐ Follow-up protocol(s)
  • ☐ Expectations for compliance

☐ I listen actively to my doctor and his/her team when we talk on the phone

☐ I ask for help and guidance when I need them

☐ I participate fully in my healthcare

☐ I share all pertinent information with my support team (family, care-givers)
☐ I fully communicate with my patient:
  • ☐ Appointment time
  • ☐ Required forms
  • ☐ Testing required
  • ☐ Follow-up protocol(s)
  • ☐ Expectations for compliance

☐ I look my patient in the eye when we are in the same room

☐ I listen actively to my patient when we speak on the phone

☐ I am a firm yet compassionate member of my patient’s healthcare team

☐ I encourage my patient to take charge and responsibility of his/her health

☐ I make an effort to suggest treatment options when there are choices to be made

☐ I celebrate positive effort and achievement

☐ I look for opportunities to create a community of care

☐ I never stop learning, or caring

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